**来华留学中国特色指南：旅游与实用App介绍**

**Guide to China for International Students: Travel & Essential Apps**

一、探索中国：不可错过的旅游胜地

I. Exploring China: Must-Visit Travel Destinations

中国幅员辽阔，历史悠久，自然与人文景观交相辉映，为留学生提供了丰富的探索选择。

China, with its vast land and long history, boasts a blend of natural and cultural landscapes, offering international students abundant exploration options.

* 历史文化之旅

Historical & Cultural Journeys

- 北京（Beijing）：

故宫（Forbidden City）是中国古代皇家宫殿的巅峰之作，漫步其中可感受千年帝制的威严；长城（Great Wall）如巨龙蜿蜒山间，徒步登上烽火台，能体会“不到长城非好汉”的豪情。

The Forbidden City showcases ancient imperial grandeur, while hiking the Great Wall—snaking like a dragon across mountains—lets you experience the pride of "He who has never been to the Great Wall is not a true hero."

- 西安（Xi’an）：

兵马俑（Terracotta Warriors）被誉为“世界第八大奇迹”，数千个真人大小的陶俑军阵重现秦朝雄风；大雁塔（Giant Wild Goose Pagoda）见证了唐代佛教文化的兴盛。

The Terracotta Warriors, a "World Heritage Wonder," display the power of the Qin Dynasty. The Giant Wild Goose Pagoda reflects the prosperity of Tang Dynasty Buddhism.

* 自然奇观之旅

Natural Wonders

- 张家界（Zhangjiajie）：

武陵源的石英砂岩峰林如刀削斧劈，悬浮的玻璃栈道（Glass Plank Road）让你漫步云端，《阿凡达》的“哈利路亚山”原型便源于此。

Wulingyuan’s sandstone peaks, shaped like giant pillars, and the glass plank road (inspired by \*Avatar\*’s "Hallelujah Mountains") offer breathtaking views.

- 桂林（Guilin）：

“桂林山水甲天下”，漓江（Li River）两岸的喀斯特山峰与清澈江水构成水墨画卷，乘竹筏漂流可近距离感受这份诗意。

"Guilin’s landscape is the best under heaven"—the Li River’s karst mountains and clear waters form a living Chinese ink painting, best experienced by bamboo raft.

* 现代都市之旅

Modern City Tours

- 上海（Shanghai）：

外滩（Bund）的欧式建筑与对岸的陆家嘴摩天楼相映成趣，夜晚的东方明珠塔（Oriental Pearl Tower）灯光璀璨，展现中国的现代化速度。

The Bund’s European-style buildings contrast with Lujiazui’s skyscrapers. The Oriental Pearl Tower shines brightly at night, showcasing China’s modernization.

- 成都（Chengdu）：

在大熊猫繁育研究基地（Giant Panda Base）可近距离观察国宝大熊猫的憨态；宽窄巷子则保留了老成都的市井韵味。

The Giant Panda Base lets you watch cute pandas up close, while Kuanzhai Alleys preserve old Chengdu’s local charm.

- 广州（Guangzhou）：

作为岭南文化核心地，北京路步行街可探寻千年古道遗址，感受古今交融；广州塔（Canton Tower）高达 600 米，登顶可俯瞰珠江夜景，塔上的摩天轮更是体验城市繁华的绝佳选择。

As the core of Lingnan culture, Beijing Road Pedestrian Street reveals ancient road ruins blending past and present. The 600-meter Canton Tower offers panoramic views of the Pearl River at night, with its Ferris wheel providing a perfect spot to experience urban prosperity.

二、在华生活必备App：便捷工具指南

II. Essential Apps for Life in China: A Practical Guide

在中国，手机App已深度融入日常生活，从支付到出行，这些工具能让你的留学生活更便捷。

In China, mobile apps are integral to daily life. These tools simplify everything from payments to travel during your study journey.

* 支付与生活类

Payment & Daily Life

- 支付宝（Alipay）

- 功能（Function）：集移动支付、生活缴费（水电、话费）、共享单车开锁、高铁票购买、挂号问诊、海外汇款于一体的超级 App。

A super app integrating mobile payments, utility bills (water/electricity/phone), shared bike unlocks, high-speed train ticket booking, medical registration, and overseas remittance.

- 使用教程（Tutorial）：

下载后用手机号注册，完成实名认证（需绑定护照或学生证）；

进入 “我的” 页面绑定银行卡（支持部分国际信用卡）或通过学校充值；

支付时点击 “付钱” 出示二维码，收款时点击 “收钱” 生成二维码。

Download and register with your phone number, complete real-name verification (bind passport or student ID);

Go to "My" page to bind a bank card (supports some international credit cards) or recharge via your university;

Click "Pay" to show QR code for payments, or "Receive" to generate QR code for collections.

- 实用功能拓展（Extended Features）：

“蚂蚁森林”：日常支付可积累能量，兑换真实树苗种植，践行环保；

“市民中心”：可办理居住证续签、社保查询、交通违章缴款等政务服务。

"Ant Forest": Earn energy through daily payments to redeem real saplings for environmental protection;

"Citizen Center": Handle residence permit renewal, social security inquiries, traffic fine payments, etc.

- 使用场景（Usage）：超市购物、餐厅结账时出示付款码（Payment QR Code）即可完成支付，无需携带现金。

Show your payment QR code for checkout in supermarkets or restaurants—no cash needed.

- 微信（WeChat）

- 功能（Function）：不仅是社交软件（聊天、视频通话），还支持微信支付（WeChat Pay）、小程序（Mini Programs）预订服务。

More than a social app (chat/video calls), it supports WeChat Pay and mini programs for bookings.

- 使用教程（Tutorial）：

注册账号后在 “我 - 支付” 中开通微信支付，完成实名认证；

添加好友可通过手机号、二维码或 “摇一摇”；

转账时进入 “支付 - 转账” 输入金额和密码，扫码支付直接点击 “扫一扫”。

After registration, enable WeChat Pay in "Me-Pay" and complete real-name verification;

Add friends via phone number, QR code, or "Shake";

Transfer money via "Pay-Transfer" by entering amount and password; use "Scan" for QR code payments.

- 实用功能拓展（Extended Features）：

“小程序”：无需下载 App 即可使用打车、外卖、电影票预订等服务，如 “滴滴出行”“美团外卖” 小程序；

“城市服务”：支持医院挂号、公积金查询、疫苗预约等，覆盖生活全场景。

"Mini Programs": Access ride-hailing, food delivery, and movie ticket booking without downloading apps (e.g., Didi, Meituan Takeaway);

"City Services": Supports hospital registration, provident fund inquiries, vaccine appointments, covering all life scenarios.

- 使用场景（Usage）：添加同学为好友便捷沟通，通过“城市服务”小程序缴纳学费或预约医院挂号。

Add classmates as friends for easy communication; use "City Services" mini program to pay tuition or book hospital appointments.

* 出行与地图类

Travel & Maps

- 高德地图（Gaode Maps）/百度地图（Baidu Maps）

- 功能（Function）：精准导航、公交地铁实时查询、打车叫车、景点门票预订。

Accurate navigation, real-time public transport updates, ride-hailing, and attraction ticket booking.

- 使用场景（Usage）：输入目的地即可规划最佳路线，支持英文导航，在陌生城市也不易迷路。

Enter your destination for the best route—English navigation available, perfect for exploring new cities.

- 滴滴出行（Didi Chuxing）

- 功能（Function）：中国主流打车软件，支持快车、专车、拼车等多种出行方式。

China’s leading ride-hailing app, offering express rides, premium cars, and shared rides.

- 使用场景（Usage）：提前输入上下车点，司机接单后可查看实时位置，行程结束在线支付。

Enter pick-up/drop-off points; track your driver’s location in real-time and pay online after the ride.

* 美食与外卖类

Food & Delivery

- 美团（Meituan）

- 功能（Function）：外卖点餐、餐厅预订、生鲜超市配送、电影票购买。

Food delivery, restaurant reservations, grocery delivery, and movie ticket booking.

- 使用场景（Usage）：不想出门时，在App上下单点外卖，30 - 60分钟内送达宿舍；聚餐前查看餐厅评分和推荐菜。

Order takeaway to your dorm (delivered in 30 - 60 minutes) or check restaurant ratings and recommended dishes before dining out.

- 饿了么（Ele.me）

- 功能（Function）：专注外卖服务，与众多连锁餐厅和本地小吃店合作。

Focused on food delivery, partnering with chain restaurants and local eateries.

- 使用场景（Usage）：通过筛选功能找到心仪的菜系（中餐、西餐、快餐），支持预约送餐时间。

Filter by cuisine (Chinese, Western, fast food) and schedule delivery times.

* 学习与社交类

Study & Social

- 抖音（Douyin）

- 功能（Function）：短视频分享平台，涵盖生活技巧、中文学习、中国文化科普、校园日常等多元内容，支持多语言字幕。

A short-video platform with diverse content including life hacks, Chinese language learning, Chinese culture popularization, and campus daily life, supporting multilingual subtitles.

- 使用场景（Usage）：搜索 “中文学习技巧” 获取语言干货，关注 “中国城市探索” 账号了解各地文化，发布自己的留学生活视频结交朋友。

Search for "Chinese learning tips" for language resources, follow "China City Exploration" accounts to learn about local cultures, and post your student life videos to make friends.

- 小红书（Xiaohongshu / Little Red Book）

- 功能（Function）：生活方式分享平台，可找到留学生活攻略、城市探店推荐。

A lifestyle sharing platform with tips on student life and city exploration.

- 使用场景（Usage）：搜索“留学生活指南”获取实用建议，或分享你的在华经历。

Search for "international student life guides" for tips, or share your own China experiences.

三、使用小贴士

III. Useful Tips

1. 大多数App支持英文界面，首次使用时可在设置（Settings）中切换语言。

Most apps support English interfaces—switch languages in "Settings" for first use.

2. 支付类App需绑定中国银行卡或通过学校协助完成实名认证。

Payment apps require binding a Chinese bank card or real-name verification (ask your university for help).

3. 旅游前通过App查看景点开放时间及预约要求，部分热门景点需提前购票。

Check attraction opening hours and booking requirements via apps—some popular sites require advance tickets.

中国的魅力不仅在于悠久历史与现代活力的碰撞，更在于便捷生活带来的舒适体验。带上这份指南，开启你的精彩来华之旅吧！

China’s charm lies in its blend of history and modernity, plus the convenience of daily life. With this guide, start your wonderful journey in China!